

Biking the Banks from Castle Howard

9 miles (14.5km)
moderate circular
off-road bike ride

A short ride which offers a variety of riding and spectacular scenery. The route takes in the rolling AONB landscape with its high percentage of tree cover. The panorama of the North York Moors National Park can be enjoyed across the Vale of Pickering as you bike the Centenary Way along the bank top above Fryton and Slingsby Woods. As you drop down towards the Estate village of Coneysthorpe the impressive outline of Castle Howard comes into view straight ahead.



Key to map

- Cycle route
- Route instruction
- Cycle path/track
- National Cycle Network
- Footpath (no cycling)
- Bridleway
- Byway open to all traffic
- Other tracks
- Primary route
- Main road
- Secondary road
- Minor road
- Take special care at this point/section
- Gradient: 14-20% (arrow points downhill)

Key to route descriptions

- R = right
- L = left
- SA = straight ahead/across
- jct = junction
- X roads = crossroads
- NCN 7 = National Cycle Network (route number)
- m = metres
- km = kilometre
- Scale 40mm = 1km (0.6 mile)

7 Turn R at the fingerpost sign, along the Centenary Way.

8 SA at the jct with the lane.

9 Option to join the route here on the bridleway from Slingsby, or to head to Slingsby shop/public house for refreshments.

6 Pass through the gate and continue on the track as it heads uphill.

5 After the gates the main track bears R, do not take this. Instead turn L on the bridleway through the trees. For a short while this section can be muddy.

4 Follow round to the R, heading downhill to the farm.

3 When the road bears L continue SA along the track

10 Continue SA, crossing The Avenue with care. If visibility is poor walk along the verge to a safe crossing point.

11 Turn R at the bridleway jct. At the end of the forest turn L, then R to emerge onto a grassy track to return to Coneysthorpe.

2 Turn L towards Terrington.

12 Turn R on the road then L at the X roads to head back along the Avenue to Castle Howard. Please be aware of fast moving traffic. Enjoy the view of Castle Howard across the Great Lake.

1 **START:** Turn R at the Obelisk. Take care biking this busy road.

- Park & Start:** Castle Howard car park (free parking)
- Public loos:** Castle Howard courtyard
- Refreshments:** Courtyard café and take-away coffee shop at Castle Howard (no entry fee to access these areas)
- Terrain:** Singletrack bridleway, wider stone tracks and one road section. Take care on Castle Howard Avenue – traffic can be fast moving